ARCTIQ

Architect Security

Arctiq Tabletop Exercises

Enterprise Security

Arctiq's tabletop exercises are structured, discussion-based sessions that simulate a cyber incident. They are designed to help organizations test their incident response plans, decision-making processes, and communication protocols without the pressure of a live event. These exercises help identify gaps and improve coordination across IT, legal, communications, and executive teams.

Organizations that conduct regular exercises position themselves to respond faster and reduce the potential impact of a breach. This proactive risk management also demonstrates competence and readiness to regulators, insurers, and clients.

Our Exercise Offerings

Arctiq offers three distinct types of exercises, each tailored to specific organizational needs.

Executive / Board Level	A 2-3 hour session for senior leadership focused on strategic decision-making and cross-functional communications and coordination during a cyber incident.
Technical	A 4-6 hour session for incident response and technology teams, designed to evaluate investigative, containment, and recovery capabilities.
Immersive Technical	A hybrid simulation that combines discussion with hands-on technical engagement. Arctiq's Purple Team executes a controlled attack to test real-time detection and response capabilities under pressure, validating protective controls and challenging analyst workflows.

Common scenarios across these exercises include ransomware and data exfiltration, insider threats, and supply chain/vendor attacks.

Our Approach and Timeline

Our exercises are facilitated by cybersecurity experts who guide participants through a progressively unfolding event, testing their awareness, decision-making, and use of existing processes.

Our timeline for our tabletop exercises is:

Week 1	Week 2	Week 3	Week 4
Project kick-off, scenario selection, and storyboard creation			
	Creation of injects and validation with stakeholders, with a dry run		
		Finalizing the injects and facilitating the exercise	
			Creation of the After-Action Report (AAR)

Our delivery teams consist of at least two consultants to ensure timely development and expertise, along with a dedicated project manager to handle scheduling and coordination.

Secure Your Business Today

Don't wait for an incident to test your security processes and procedures.

▶ Contact Arctiq to schedule a tabletop exercise and strengthen your organization's cyber resilience.

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